

This event is organized by:



**Kiwanis of the Central Adirondacks:**

Kiwanis is a global organization of volunteers dedicated to changing the world one child and one community at a time



**Central Adirondack Association:**

The purpose or purposes for which it is to be formed to promote, to foster and to develop in every way the commercial, industrial and civic interests of the Central Adirondacks.

Central Adirondack Association  
PO Box 68  
Old Forge, NY 13420

# Central Adirondacks



## Deer Run Road Race

5K/10K Run

June 7, 2008

In

Old Forge, NY



**Courses:** Both events start and finish at the George T. Hildebrant Recreation Center at 225 North Street in Old Forge, NY. The 5K/10K courses run on flat road. The course is surrounded by the beauty of the Central Adirondacks.

**Starting Time:** 10:00 a.m.

**Registration:**

Entry forms are available at the Old Forge Visitor Information Center or online at [www.oldforgeny.com](http://www.oldforgeny.com).

By Mail: Received before June 1st.....\$20  
Race Day .....\$25  
\* NO REFUNDS  
\* \$25 FEE FOR RETURNED CHECKS  
\* CHECK OR CASH ONLY

Registration on the day of Race will be at the Recreation Center on North Street in Old Forge beginning at 8:00 a.m.

**Packet Pick-Up:**

Pre-registrants are encouraged to pick up their race packets on Friday, June 6th from 9 a.m.—5 p.m at the Old Forge Visitor Information Center.

**T-shirts:**

T-shirts will be given to the first 125 runners to register.



**Information:**

For additional information, call the Old Forge Visitor Information Center (315) 369-6983 or log on to [www.oldforgeny.com](http://www.oldforgeny.com).

**Dressing Facilities:**

Dressing facilities will be available at the Recreation Center on North Street beginning at 8:00 a.m.

**Food:**

A post race BBQ is sponsored by Malloy's Restaurant.

**Awards Ceremony:**

The Awards Ceremony will be held at the post race BBQ.

**Awards:**

Cash prizes will be awarded in the following categories: Women's 5K, Women's 10K, Men's 5K, Men's 10K. Prizes will be as follows 1st- \$100, 2nd- \$50, 3rd- \$25.

\*In addition, North Woods Inn and Rivett's Marine Recreation & Service will give the first place winners of the Women's and Men's 10K races a weekend's accommodation for next year's race on June 6, 2009 and a half-day rental of a pontoon boat.

\*Old Forge Camping Resort and Tickner's Moose River Outfitters will give the first place winners of the Women's and Men's 5K races a weekend's accommodation in a camping cabin for next year's race on June 6, 2009, and a one-day rental of two canoes.

**Entry Form:**

**Race:**

\_\_\_ 5K \_\_\_ Check  
\_\_\_ 10 K \_\_\_ Cash



Name: \_\_\_\_\_  
Gender: \_\_\_\_\_ Age: \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_  
State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Phone: \_\_\_\_\_  
Email: \_\_\_\_\_  
T-shirt size (circle one): S M L XL

I know that running a road race is a potentially hazardous activity. I should not enter unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks with the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Central Adirondack Association, the Kiwanis of the Central Adirondacks, Town of Webb and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent's Signature if under 18 years \_\_\_\_\_ Date \_\_\_\_\_

Make Check Payable to: Kiwanis of the Central Adirondacks  
CAA  
PO Box 68  
Old Forge, NY 13420

